

Chartwells Newsletter

What's New in Your Schools?

Welcome to your monthly newsletter! We are excited to share our story with you! Over the past several years we have been serving up happy and healthy throughout the district.

We are getting in to some fun stuff these days. We have our "Mood Boost" promotion going on. We are promoting what foods can do to your mood. We are doing Discovery Kitchen presentations at some of our schools. We are also promoting our Mac&Cheesyology as well as our Revolution Noodle recipes right now.

February is our "Smart Snacking" Month. Our focus will be on craveable, well-balanced snacks. We have been doing food presentations at a number of the schools. If you haven't seen one yet, you soon will.

Discovery
KITCHEN



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Spotlight

We are really getting going these days.

We've been promoting our Discovery Kitchen. We've done food presentations at Flagview, Liberty Peak and Spring Creek Elementary. We have more food demonstrations scheduled for March. Keep an eye out for us, it promises to be fun.

It sure feels good to be past Winter!!!

We Are Team Better Together

At the heart of Chartwells is a strong team of motivated, caring and conscientious individuals who are dedicated to ensuring Elko County's students leave the cafeteria happier and healthier than they came in.

Each of our associates are dedicated to ensuring students leave the cafeteria happier and healthier than they came in. We all have the same goal – delivering the best foodservice possible.

Meet some of our team members from across the district.



Nancy Smith

Central Kitchen Manager

Nancy has worked for the school district for 197 years. Ok, we might be kidding on the time but she honestly knows everything about school food lunch service.



Tammy Clack

Central Kitchen Nutritional Assistant

Tammy has worked for the school district for almost 15 years. Tammy is a key player in the organization of ECSD Food Service



Dani Morgan

Warehouse staff person

Dani has worked for ECSD for almost 8 years

Quote – no matter how bad things get, something good is out there, over the horizon – Green Lantern



Meet Veronica Cervantes, Elko County School District Food Service Administrator

Veronica Cervantes is the Food Service Administrator for Elko County School District.

Veronica is a true Elkoin. She is born and raised here in Elko County. Veronica has had 3 children and all of them have attended Elko County School District schools.

Veronica has worked for the School district for 11 years. Her current position includes tracking families who may be in need of assistance with school meal expenses. She also is a key player in making sure that all students are served complete meals.

Veronica is a key player in providing all the meals for Elko County School District students. We're lucky to have her!



Mood Boost is still going on!

Our Mood Boost program is still going on this year.. We had originally rolled this out PreCovid and now it's back.

This program introduces characters, “The Moodies” that focuses on 6 moods, one a week. The intent is to teach students that what they eat matters.

We will address Strong, Alert, Happy, Calm, Smart and Confident. Each week we will have specific recipes that will address the accompanying mood.

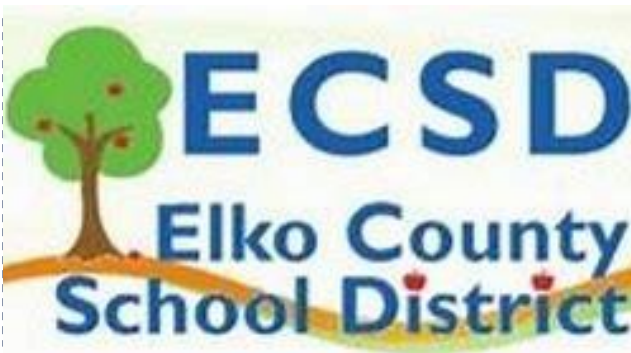
Keep your eye out for the Moodie characters this school year. Although educational, this is a fun program with all the characters.

Did you know?

Menus for all schools can be accessed through NutriSlice. A link for the site is available on the school district's site – www-ecsdnv.net.

On this site you can give us a rating of your experiences with our food. Let us know how we're doing!

There is also nutritional information on this site. You are able to see the nutritional status of the foods being served to Elko County's school kids.



Discovery KITCHEN

Each month, we introduce a new Discovery Kitchen theme featuring lessons, events and culinary demonstrations. These themes are designed to bring a fun and inspiring sense of food discovery to our students and school communities.

November is “Let’s Get Cooking” month! We will be educating students in the joy of homemade classic recipes and encouragement of students to join in cooking at home during the holiday season.

This program will involve culinary demonstrations, science-based nutrition education and interactive activities. We want to teach students how to perform their best and stay ahead of the game.



POWER YOUR PERFORMANCE TIP



POWERUP!

Similar to the way a car needs gas or electricity to run, our bodies need fuel to perform. Eating healthy fuel from fruit, vegetables, lean proteins, and whole grains will help you compete both physically.

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